



Learn, laugh, live

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Art for Arts Sake



Art Group

There is now space in the Art Group which meets every Friday from 2-4pm at Oakmere, Handforth.

This is not a class but a forum where everyone does their best and tries to help whilst at the same time enjoying each others company and having a lot of fun.

Examples of their work are included within this newsletter.

Anyone interested should contact Dena Glass on xxx



We would welcome other photographs or any points of interest from other Groups to showcase them in the Newsletter.

u3a CHRISTMAS LUNCH- Thursday 18th December

At Wilmslow Rugby Club Kings Road Wilmslow SK9 5BZ

STARTERS

Tomato and Basil soup with warm bread roll [V]

Warm goats cheese and fig tartlet served with a beetroot salad

King prawn and smoked salmon salad served in a Bloody Mary sauce
on a bed of leaves with warm bread roll

MAINS

Hand carved turkey breast served with chestnut stuffing, pigs in blankets, honey roast parsnips,
roast potatoes and seasonal vegetables

Pork loin served with sage and cider sauce, Dauphinoise potatoes and winter vegetables

Baked fillet of salmon with a honey glazed sauce served with buttered
new potatoes and winter vegetables

Spinach and feta pie served with Dauphinoise potatoes and seasonal vegetables [V]

DESSERTS

Traditional Christmas pudding served with a warming brandy sauce

Lemon cheesecake with fresh berries and pouring cream

Fresh fruit seasonal salad with pouring cream

and to finish - coffee / tea

All drinks to be purchased separately

***** £33.00 including staff gratuities *****

Non-Members Can be Invited

PAYMENTS TO BE RECEIVED NO LATER THAN THURSDAY 20TH NOVEMBER 2025

BACS: Wilmslow U3A Sort Code: 40-52-40 A/C No: 00032217

In the reference box show your U3A membership number followed by LUNCH 2025

Please email cherrydolden5@gmail.com with all names AND menu choices for each person

CHEQUES: payable to "Wilmslow U3A" forwarded to Anne Grace
at 18 Edgeway, Wilmslow, SK9 1NH with menu choices for each person

Forthcoming Talks

November 18th: How To See Atoms Magnifying Over 1million Times - 2.30pm

Wilmslow Library

November 26th: Blood Bikers - 2.30pm Church Hall, Wilmslow Reformed Church

December 10th : Xmas Social with musical entertainment and light refreshments -

Doors open at 2.45pm Church Hall, Wilmslow Reformed Church

December 2nd : “From The Ground Up” - 2pm in the Heald Green Village Hall,

Outwood Road, Heald Green, SK8 3JL.

A talk at the ‘Technology for Everyone’ (The Appliance of Science) Group of Cheadle Hulme u3a on *Our atmosphere; the different layers, and what there is in them, and how they effect us*. Admittance fee is £3 including Tea/Coffee and Cake/ Biscuits. Please bring your membership card or membership number with you.

For further details contact Peter Cadman email:

p-macadam@hotmail.co.uk or Tel:0161 437 8235

For Enthusiasts of Operetta



The 32nd International Gilbert and Sullivan Festival.

Buxton Opera House: 1 August -15 August 2026.

Review of October Talks

Science Group: Magical Nanotechnology

The Science Group was treated to a fascinating talk by Professor Dave Leigh of Manchester University.

The title of the talk was ***Making the Tiniest Machines*** through the use of nanotechnology. This has been called the ultimate game changer. A nano is incredibly small, a millionth of a molecule. The miniaturisation of machines has led to nanotechnology with biology and chemistry heavily intertwined in its future potential.

At a time when positive news is a little thin on the ground, according to a recent Nobel Prizewinner in Chemistry we are at the dawn of a new industrial revolution. This technology will have a beneficial impact on the use of the earth's resources as it is more frugal in the use of energy.

Professor's Leigh's presentation was lightened by his abilities as a Magician and the performance of several highly impressive magic tricks would alone would be worthy of a talk!

Usher Syndrome

This talk was given by Amy on behalf Helen who suffers from Usher Syndrome which has caused her to be Blind and Deaf. There are 450,000 in the UK who suffer from Usher Syndrome, estimated to rise to 600,000 in the next 15 years as the population ages. There are estimated to be 1.6 million sufferers worldwide.

Usher Syndrome is the main cause of blindness and is inherited genetically from both parents. People affected are denoted by carrying a white stick with red hoops and if they have a Guide Dog it will have a red and white harness.

Despite her condition Helen has performed at the Royal Exchange where she has also written and directed a play.

General News

National and North West u3A

The national u3a website www.u3a.org is worth a look as it contains Online Interest Groups and Learn Online opportunities. The website for the North West u3a gives inspiration to members as to what more we can do in Wilmslow <https://northwestregion.u3asite.uk/news-letters/>

Wilmslow Committee

We now have a new Business Secretary - John Andrew. John moved to Wilmslow 8 months ago having previously been a stalwart of the Cowbridge u3a, near Cardiff. He takes over from Caroline Mangnall who has done sterling work over 14 years on the Committee as Business Secretary and Membership Secretary. Caroline remains as ex-officio to provide continuity from her long experience.

New Members

42 new members have joined Wilmslow this year with total membership now over 400. The national organisation is on a recruitment drive to achieve 500,000 members across the UK. Pre-covid the total was 450,000 but after falling the number has climbed back to 420,000.

Any Items in Need of Repair?

On 1st November the United Reformed Church Hall saw the latest **Repair Cafe** in Wilmslow. Similar to the BBC's Repair Shop willing and skilled volunteers repair broken items brought in by the public. This includes electrical goods; furniture; fabrics & clothing; jewellery and toys. There is also cakes and tea / coffee. There is no charge though a donation, which goes to charity, is welcome. The Cafe Apart provides a community service, raises money for charity and reduces the carbon footprint by avoiding items which can be repaired from going to landfill. The Cafe runs 3 times a year. For further information go to <https://www.wilmslowtowncouncil.gov.uk/>